

## Post Care Instructions:

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases unevenness of color is to be expected. The purpose of the touch up visit(s) is to correct any color or shape issues. Please review the following directions and refer to them as necessary. If during your healing process you have any questions or concerns, please contact us.

NOTE: The outcome of the permanent cosmetic procedure is dictated by the canvas (your skin). The better condition your skin is in, the better the final result will be. Very oily, dry, or sun damaged skin can be very difficult to achieve a beautiful, even result. Mature clients may need an additional one to two weeks healing time for the final results to appear.

Do not touch area with unclean fingers or hands. Wash hands often throughout the week.

Some itching is normal. DO NOT SCRATCH, PEEL OR PICK the treated area or your color may heal unevenly and you risk scarring/infection.

Apply a very light smear of ointment (supplied) to the cosmetic tattoo area. Repeat application of ointment:

- Eyebrows: 3-5 times per day for 5 days
- Eyeliner: 1-3 times per day for 3 days
- Lips: constantly keep moist with supplied product for 10+ days.

No soap, shampoo, cleansers or toothpaste on tattoo site for one week. (Cedaphil or similar mild cleanser is okay.) Cleanse and remove old ointment by rinsing with water. Clean area at least two times a day.

Shower spray must not hit your face. Shower with your back to the spray and let shampoo run down your back, not your face.

NO STEAM. Avoid hot tubs, swimming pools, and hot baths for 2 weeks. No heavy exercising or sweating for at least 48 hours. Avoid direct sunlight (or tanning beds) for the first week.

Always make sure tattoo is completely dry before applying fresh ointment. NEVER apply ointment to damp tattooed skin. Skin must be dry before ointment applications.

Call me with any questions or concerns. Your safety and satisfaction are my top priority.

If you believe medical attention is necessary at any time during the healing process, seek it immediately and advise me as soon as possible of the problem and treatment.

Avoid commercial airlines, hospitals and other places known to be dirty or harbor infectious disease.

Eyeliner: No mascara is to be worn over eyeliner procedure for one week.

Lip specific: After the procedure, lips will feel tight. Allow them to remain immobile as much as possible until they peel (approx. 3 days). Avoid exaggerated facial expressions, drink fluids with straws and don't pucker lips until they peel. Avoid stretching, rubbing and friction. Do not eat foods that require stretching such as sandwiches and fruits. Cut food and pass it over the lips.

**During the healing process, your pigment may appear to have vanished, this is a normal part of the healing process and the pigment will re-emerge. Please allow 3-4 weeks to see the full, healed result.**

Long-term care: Protect from sun by using a daily sun block, hat and sunglasses. Keep any exfoliating skin care products (AHAs, Lactic Acids, Retinol A - including Glycolic and Salicylic Acids) away from procedure area. Maintenance through color refreshers may be necessary every few years to keep your permanent cosmetics looking their best. Color refreshers are \$150 per area. (Lighter colors may need refreshers more often.)